



Strengthening Families. Restoring Futures.

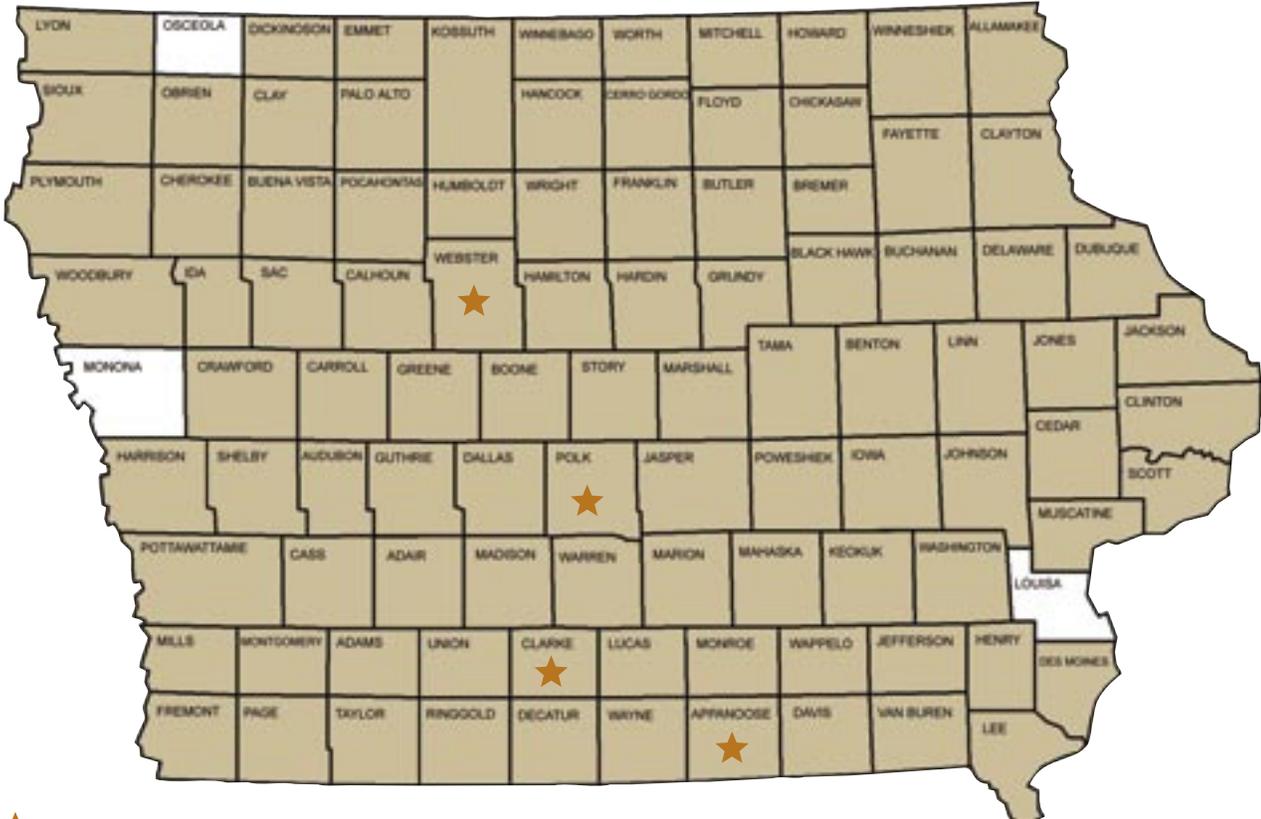


**CHILDREN
& FAMILIES
OF IOWA**

Strengthening Families.
Restoring Futures.

Annual Report 2005-2006

In fiscal year 2005-2006, Children & Families of Iowa touched the lives of **17,677 people** in **96 counties** across Iowa.



★ Children & Families of Iowa Office Locations
 ■ Counties served by Children & Families of Iowa in 2004-2005

Strengthening Families. Restoring Futures.

Table of Contents

Letter from the Executive Director	page 2
Year in Review	page 3
Children & Families of Iowa Board of Directors	page 4
Children & Families of Iowa Programs	
Supporting Victims of Domestic Violence	page 5
Creating Safe Homes for Children	page 6
Restoring Futures for Troubled Teens	page 7
Preparing Children to Succeed	page 8
Helping People Make Healthy Choices	page 9
Foundation for Children & Families of Iowa	
Message from the Director of Development	page 10
Foundation for Children & Families of Iowa Board of Trustees	page 11
Foundation for Children & Families of Iowa Activities	page 12



Gloria Gray with kids at the Child Development Center

photo by Kara Heinzig

Dear Friends,

Investing in people – that is what we do at Children & Families of Iowa. We invest in people because we know that beneath all the dust and grime that life can leave on a person lies someone with hopes and dreams. At Children & Families of Iowa, we help people wipe away the worst of life's residue to find the strength to follow those dreams.

Throughout this report you will see *what* Children & Families of Iowa did, *how* we did, and *who* helped us during fiscal year 2006. We are proud to have served thousands of children and families from across Iowa last year. Our caring, diligent, talented staff of nearly 250 people work with some of Iowa's most vulnerable people. We are truly blessed to have so many talented and skilled staff who are committed to making a positive difference in the lives of those we serve.

Thousands of friends and supporters helped Children & Families of Iowa have another good year, a productive year, strengthening families and restoring futures. This year, we took many steps to make our programs more responsive to the needs of our clients and our communities:

- Children & Families of Iowa began a partnership with SCAVO Alternative High School to operate Teddy Bear Town, which provides infant and toddler childcare to parenting teens so they can complete their high school education.
- We formalized our work with older foster kids as they came together to form elevate™, an

advocacy group made up of teens who help educate others about foster care for teens and recruit more foster homes for teens.

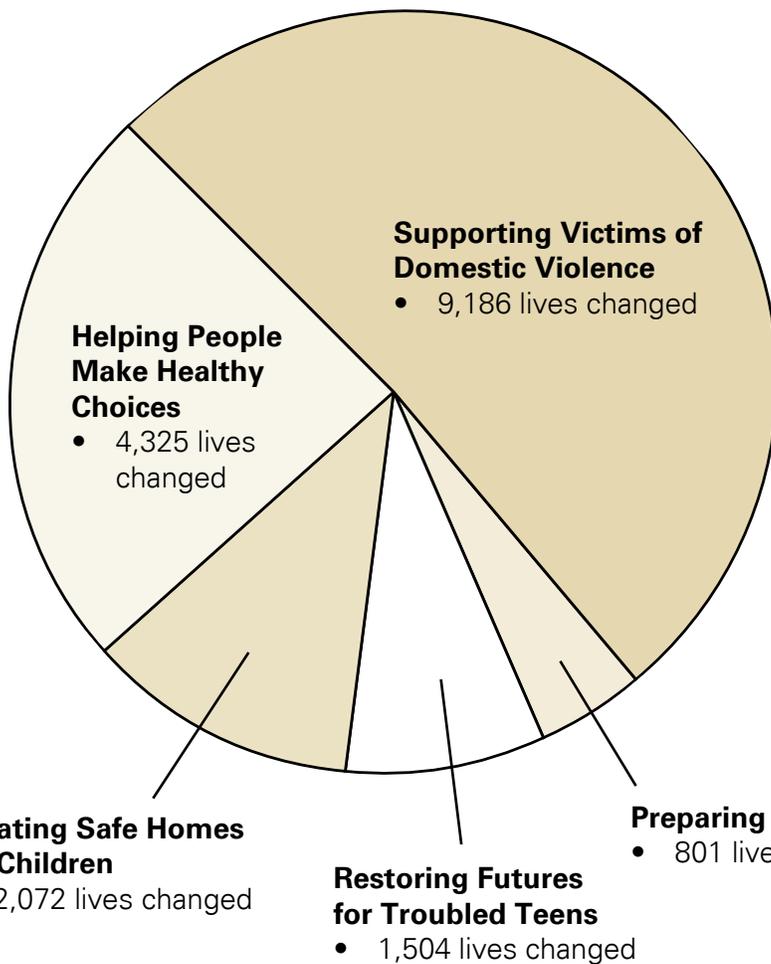
- Children & Families of Iowa's Family Violence Center opened a new transitional housing project for victims of domestic violence, helping to ensure victims have the support, skills and resources they need to establish and maintain violence-free lives.
- We completed a year long re-accreditation study, and have recently learned that our re-accreditation has been approved by the Council on Accreditation for Children and Family Services.

So, another year has gone by, and our work continues, with determination and commitment to our mission: to improve the well-being of children and support the healthy development of families. The ongoing support of caring board members, donors, volunteers and employees enables us to achieve our mission and make a real difference in the lives we touch. Please take a look at this annual report and visit our web site to learn more about our services. Surely, one of them will speak to you. And, when it does, we hope you will join us in our mission to serve. Thank you very much for your wonderful support!

GLORIA GRAY
Executive Director

Year in Review

Children & Families of Iowa is committed to helping at-risk children and families **learn to help themselves**. Our programs make an **impact in our communities** and a **difference in the lives** of thousands of Iowans every year.



- **17,677** lives touched by Children & Families of Iowa
- **96 of 99** Iowa counties reached
- **\$9.4 million** invested in our communities
- **100%** of our programs are licensed or certified
- **84%** of clients reported doing better after using our services

Revenues and Sources of Support (Fiscal Year 2005-2006)*

Purchase of Service	\$4,228,509	44.71%
Grants	2,441,083	25.81%
Third Party / Client Fees	1,494,927	15.81%
United Way of Central Iowa	782,535	8.27%
Support from Foundation for CFI	425,000	4.49%
Contributions**	29,569	0.31%
Miscellaneous***	55,217	0.58%
Total Revenue	9,456,870	100%

\$0.88 of every dollar received by CFI is spent on providing direct services to our clients.

* These figures are unaudited. You may request a copy of audited financial statements by contacting our Administrative Offices after October 31, 2006.

** Includes local United Ways (not United Way of Central Iowa) and various community chests.

*** Includes various incomes such as interest income, conference incomes, T-shirt sales and other special gifts.

Children & Families of Iowa Board of Directors, 2005-2006

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**CHILDREN
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Strengthening Families.
Restoring Futures.

Supporting Victims of Domestic Violence

9,186 lives changed. \$1,449,234 invested.



photo by Kara Heinzig

A safe place to stay. Help getting on your feet. A supportive voice to count on.

This is what Children & Families of Iowa's programs for Victims of Domestic Violence mean to thousands of women, men and children every year.

Domestic violence is a serious problem in Iowa. The Iowa Coalition Against Domestic Violence indicates that as many as 40,000 Iowa women will be victimized in their homes this year by someone they love.

At Children & Families of Iowa, we work hard to reach out to victims and help build violence-free homes and communities. Through shelter, outreach, community presentations and batterers education programs, these programs are truly making an impact for victims of domestic violence across Iowa.

Since the Family Violence Center's Compass Project was started in June 2006, four families have been handed the keys to apartments of their own to begin building lives free from violence.

FAMILY VIOLENCE CENTER

Shelter

The Family Violence Center provides safe shelter to victims and their children. This 62-bed facility is the only certified domestic abuse shelter in Polk County and the largest in Iowa.

Outreach

Certified Outreach Advocates provide support groups, skill-building classes, legal and medical advocacy and other outreach services to victims in the community.

Hotlines

The Family Violence Center hosts the Iowa Domestic Abuse Hotline and the Des Moines Domestic Violence Hotline. Through this service we provide crisis counseling, information and referrals to over 7,000 callers every year.

Compass Project

A new service that began in June 2006, the Compass Project helps survivors of domestic violence establish and maintain violence-free, independent lives through skill-building classes and affordable housing.

DOMESTIC ABUSE INTERVENTION SERVICES

Domestic Abuse Intervention Services (DAIS) provides Batterers Education in Fort Dodge, holding abusers accountable for their actions and helping them to change their abusive patterns of thought and behavior.

Creating Safe Homes for Children

2,072 lives changed. \$2,624,495 invested.



Tammy Mahan (top left) works in CFI's Foster and Adoption program. The Mahan family recently expanded their family when they adopted Alex (middle) and Rebecca (far right). Also pictured are her husband, Mitchell (with Alex) and daughter, Lydia (bottom left).

photo by Kara Heinzig

Since 1999, Iowa's child abuse rate has skyrocketed by 60 percent, according to the Iowa Department of Human Services. Approximately 4,300 of Iowa's most vulnerable children are waiting for a safe place to call home right now.

We know that strong families make strong communities. That's why we work with families across the state to create safer homes for children.

Children & Families of Iowa provides a comprehensive system of foster care and adoption services so that a safe, supportive home is available when a child needs one.

Last year we provided a warm bed and safe home to 666 children and helped to strengthen 752 families.

FOSTER CARE SERVICES

Foster Care Services find safe, stable, nurturing foster homes for children and teens who cannot remain in their own homes. In addition to providing licensing and training services, we also conduct homestudies and provide a variety of support groups and resources for foster care families.

FOREVER FAMILIES

Children & Families of Iowa helps to find supportive, safe, adoptive homes for children with special needs. Through this program, we conduct homestudies and provide support for families before, during and after adoption.

INTERNATIONAL ADOPTION

Children from all over the world find loving homes through our International Adoption program. We help prepare families who want to adopt children from other countries, conduct homestudies and connect them with resources to make their adoption successful.

elevate™

elevate™ is a group of young people who advocate for foster care and adoptive teens by sharing their personal stories of hope. By inspiring others to new levels of understanding and compassion to their life connection needs, **elevate™** also seeks to find homes for teens currently in the foster care system.

Restoring Futures for Troubled Teens

1,504 lives changed. \$2,416,164 invested.



photo by Kara Heizing

Children & Families of Iowa's Residential Treatment Facilities help teens with behavioral and emotional disorders find the paths to new lives. Staff pictured (left to right) are Alma Brkic, Dale Olson, Ellen Folkers-Jenkins and Amy Ziegenhorn. Amy and Dale are supervisors at Farrand House and Ten-Eleven, respectively.

Teens are faced with tough challenges today. Drug and alcohol abuse, poor mental health and behavioral and emotional issues can take over the lives of teens and rob them of their futures.

Teens with histories of abuse, addiction and mental and behavioral health need intervention to help them recognize and address their destructive behaviors. Without intervention, they are at higher risk of becoming teenaged parents, developing addictions to drugs and alcohol and escalated involvement with the justice system.

Children & Families of Iowa's programs for Troubled Teens help teens make positive choices for their futures. From intensive residential treatment to support groups in the community, we provide a comprehensive system to help teens wherever they are on their paths to brighter tomorrows.

CORNERSTONE RECOVERY

Cornerstone Recovery is a family-based treatment program that provides residential, outpatient, day treatment and aftercare services for teens struggling with substance abuse and mental health problems.

RESIDENTIAL TREATMENT

Children & Families of Iowa's Residential Treatment Facilities provide a structured, therapeutic environment for teens who have found themselves on the wrong paths in life. The teens we serve have behavioral issues severe enough that they cannot remain at home. Children & Families of Iowa operates two Residential Treatment Facilities – *Farrand House*, for girls and *Ten-Eleven* for boys.

TRACKING AND MONITORING

Through this program, Children & Families of Iowa helps teens referred by the Polk County Juvenile Court learn to live successfully in their homes and the community by focusing on accountability, skill-building and family involvement.

REGIONAL SERVICES FOR TROUBLED TEENS

Children & Families of Iowa offers a variety of regional services for teens that are designed to address community-specific issues. These services include skill-building, support groups and the Teen Intervention Program.

Preparing Children to Succeed

801 lives changed. \$1,392,193 invested.



photo by Kara Heinzig

Children at the Child Development Center don't just play all day – they participate in fun activities designed to build their minds, bodies and social skills so they are prepared to succeed in school and in life.

According to the Governor's Childcare and Early Education Task Force, Iowa leads the nation in the percentage of parents who must work to support their family. A vast majority of Iowa's families need regular childcare of some kind.

Unfortunately, many families cannot afford high quality childcare that provides stimulating, supportive and safe environments for their children. This is particularly troubling for families living in poverty - such environments have been shown to have lasting positive cognitive and social effects for children.

Children & Families of Iowa's Childcare Resources provide quality childcare to some of Central Iowa's most vulnerable children. Accredited and effective, we are helping prepare children today to succeed tomorrow.

CHILD DEVELOPMENT CENTER

Children & Families of Iowa's Child Development Center is a nationally-accredited program that provides quality, affordable childcare for children ages 2-12. Qualified, caring staff provide activities that stimulate young minds.

THERAPEUTIC CHILDCARE PROGRAM

Therapeutic Childcare provides intensive childcare for children ages 2-6 with severe emotional and behavioral disorders. This program fosters healthy social and emotional development so children can learn and socialize more successfully.

FAMILY CHILDCARE HOMES

Children & Families of Iowa offers a network of registered and Child-Net certified Family Childcare Homes where infants and young children receive safe, nurturing childcare.

TEDDY BEAR TOWN

Teddy Bear Town provides on-site care for infants and toddlers at SCAVO Alternative High School during school hours so teenaged parents can complete their high school education.

FAMILY RESPITE

This program provides families at risk of abuse or neglect a brief "break" until their lives are back in order.

Helping People Make Healthy Choices

4,325 lives changed. \$837,748 invested.



photo by Amanda Acton

Children & Families of Iowa's Therapy Services help families and individuals across Iowa make healthy decisions about relationships and emotional health. Tamera Bibbins is a therapist at Children & Families of Iowa in Des Moines.

Thousands of Iowa's children suffer from serious mental, emotional and behavioral disorders. Every year that these children go undiagnosed or untreated increases their risk for failure in school, addiction, family violence and juvenile delinquency.

According to the U.S. Surgeon General, about 28 percent of adults have a diagnosable mental or addictive disorder, but only about one-third of those adults get the care they need.

In addition to individual work and social problems, poor mental health can affect a person's physical health. It can also wreak havoc on a family's ability to provide a stable, nurturing environment for its members.

Families and individuals struggling with mental health problems need a supportive environment to turn to. That's where Children & Families of Iowa comes in - we offer a number of solutions to help individuals make healthy choices and help families stay strong.

THERAPY SERVICES

Children & Families of Iowa's Therapy Services offer a solution-focused approach to helping children, adults and families make healthier choices and positive changes in their lives. Therapy Services is a nationally accredited program provided by highly trained, experienced mental health professionals.

IN-HOME COUNSELING

In-Home Counseling services help at-risk families develop goals, structure and a positive living environment that is healthy for all family members. In-home workers use a family-centered focus to help families referred by DHS stay together and prevent foster home placements.

FINANCIAL MANAGEMENT SERVICES

Financial Management Services works to ensure that clients' basic needs are met, allowing them to live as independently as possible and helping them to become more self-sufficient. Many clients face issues that can affect their ability to manage their financial obligations, such as substance abuse or mental health issues. In addition, minors, the elderly and other populations who are at risk of being financially exploited utilize these services.

Dear Friends,

I believe truly that it is up to each of us to make the world around us a better place. I am constantly amazed and inspired by the people I meet every day who step forward to help others who are at rough points in their lives. It is such a wonderful feeling to be able to see the impact their gifts have on lives of people they will probably never meet.

The Foundation for Children & Families of Iowa is responsible for raising the financial support and public awareness needed so that Children & Families of Iowa can continue offering its many community programs. Last year, through the support of many generous supporters, the Foundation reached 109% of its fundraising goal. Our media partners helped us get the word out about our programs and the issues faced by our clients. We were also able to expand our domestic violence program to include transitional housing through a capital campaign that went above and beyond our usual fundraising activities.

Every one of us has experienced a time when we needed help from someone – a friend, family member or neighbor. At Children & Families of Iowa we meet people every day who are at this point in their lives. It is the generosity of the thousands of people who donate to Children & Families of Iowa who make the work we do possible. Even small donations can mean the world to someone with nowhere else to turn.

Chances are you are receiving this annual report because you have invested in Iowa's children and families through Children & Families of Iowa. Thank you for making a lasting impact and investing in Iowa's future.

As we enter another year, I promise that at Children & Families of Iowa we will continue our heritage (all 118 years of it) of being outstanding stewards of the gifts we receive. With your help, Children & Families of Iowa will continue to make a lasting impact in the lives of the children and families we serve each day.

SHEILA KINMAN

Director of Development



Sheila Kinman with in-kind donations.

photo by Kara Heinzig

It is up to each of us to contribute something to this wonderful world.

Eve Arden

Foundation for Children & Families of Iowa Board of Trustees, 2005-2006

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Foundation for Children & Families of Iowa Activities

\$4,596,378 raised.

GRANTS

The Foundation for Children & Families of Iowa receives grants from a variety of community, family and corporate foundations, as well as public grants at the city, county, state and federal level. In all, the Foundation raised over \$2.7 million in grants in fiscal year 2005-2006.

UNITED WAY

The support of the United Way is an important part of ensuring the continued operation of our programs. The United Way supports many of our programs, including the Child Development Center, Therapeutic Child Care, Therapy Services and the Family Violence Center, providing almost \$815,00 in support last year.

IN-KIND DONATIONS

Every month, the Foundation for Children & Families of Iowa receives hundreds of dollars worth of in-kind donations such as clothing, school supplies, baby supplies, new toiletries and suitcases for our clients.

The Foundation also participates in an annual holiday toy drive, Toys for Kids, through a partnership with Applebees and Carlos O'Kelly's restaurants. Last year we collected over 5,000 toys for children in Iowa.

CAPITAL CAMPAIGN

In fiscal year 2005-2006, the Foundation conducted a capital campaign to purchase and renovate a transitional housing facility for survivors of domestic violence as part of the Compass Project. Spearheaded by Foundation Board of Trustees President, Sharon Krause, the campaign raised \$409,650 largely from private gifts.

ANGELS OF COURAGE

In August, 2005, the Foundation launched the Angels of Courage series. This series will include five statues created by Isabel Bloom specially for Children & Families of Iowa to raise funds for victims of domestic violence. The first Angel, Courage to Soar, raised nearly \$20,000. Courage to Dream, the second in the series, was launched in July 2006.

INDIVIDUAL AND CORPORATE GIFTS

The generosity of 1,131 individuals and businesses last year helped us to raise over \$311,000 of support for Children & Families of Iowa's programs. These gifts ranged from \$1 to \$10,000 and are all invaluable as we seek to help strengthen families and restore futures.

A GIFT FOR THE CHILDREN OF TOMORROW

The Endowment for Children & Families of Iowa serves to ensure that the services of Children & Families of Iowa will be here for generations to come. Individuals who make a gift of \$1,000 or more to the endowment are recognized as members of Children & Families of Iowa's Heritage Society. **A complete listing of Heritage Society members can be found on our web site: www.cf Iowa.org.**

EVENTS

Tango on the Terrace

Tango on the Terrace was held on August 19, 2005 at the State Historical Building. Even though the weather forced us inside, over 250 people still attended the event and danced the night away. Proceeds from the live auction, silent auction and admission helped us raise over \$88,000 for the Family Violence Center.

Panera Bread's Celebration of Family Walk

This event, formerly known as the Walk for Moms, changed its name and location, but not the cause. The Walk moved to the Jordan Creek Town Center Lake District this year. Over 300 people walked around the lake on a beautiful October morning in support of Domestic Violence Awareness Month. The event raised over \$8,000 from registration fees, donations and Panera Bread sponsorship.

Triplett Holiday Golf Classic

The Triplett Holiday Golf Classic was held at Terrace Hills Golf Course in Altoona the first Sunday in December. Would you believe a little snow (almost a foot) and sub-zero temperatures kept some people from coming to the event? Fortunately, through the support of the Triplett Companies and our forever loyal hole sponsors, the event was still a success, raising over \$26,000 for Children & Families of Iowa.

Kidsfest

Kidsfest was still the place to be the second weekend in March. Over 14,000 people showed up to the event, now in its 14th year. Veridian Credit Union sponsored the event this year, and the event once again was truly about kids helping kids. Sponsorship, booth sales and admissions helped us raise over \$141,000.

Little Houses, Big Dreams

Children & Families of Iowa teamed up with Jordan Creek Town Center and Principal Bank in June to host this unique event for a second year. Talented builders and generous bidders helped us raise over \$100,000 from the live auction of eight, one-of-a-kind playhouses.

For a complete listing of all of our donors,

please visit us online at www.cf Iowa.org



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Children & Families of Iowa is a private, statewide, nonprofit, nonsectarian human services agency that does not discriminate on the basis of race, color, creed, national origin, gender, marital status, sexual orientation, age, religion, veteran status, political belief, physical or mental disability or any other characteristic protected by law.



Strengthening Families.
Restoring Futures.

www.cfiowa.org

Headquarters

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Centerville Office

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Centerville, IA 52544
641-856-3852

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1728 Central Ave, #10
Fort Dodge, IA 50501
515-573-2193

Osceola Office

118 W. Jefferson, P.O. Box 302
Osceola, IA 50213
641-342-3444

Child Development Center

801 Forest Ave.
Des Moines, IA 50314
515-282-2193

Cornerstone Recovery

501 S.W. Ankeny Rd.
Ankeny, IA 50021
515-289-2272

Family Violence Center

515-243-6147

Iowa Domestic Violence Hotline

800-942-0333

